

MONDAY, OCTOBER 10<sup>TH</sup>, 2022

# TRAUMA AND PHYSIOTHERAPY

## WEBINAR FOR WORLD MENTAL HEALTH DAY 2022

ORGANISED BY THE INTERNATIONAL ORGANIZATION OF PHYSICAL  
THERAPY IN MENTAL HEALTH



International Organization of  
Physical Therapy in Mental Health

### WEBINAR

**Time: 7:00 am (São Paulo time)**

**Moderated** by Mark Højbo Fajardo-Hansen

**Welcome** by Daniel Catalán  
*President of the IOPTMH*

## TOPICS

- **Interoception:** How is the perception of our body affected by Trauma and PTSD?  
And how does this affect our health?
- **Trauma and PTSD:** How can we understand these concepts in common terms and within a physiotherapy framework?
- **Interventions:** How can physiotherapists contribute to the team effort on helping people who have experienced Trauma to prevent or treat PTSD and what is the most important “ingredient” that physiotherapists bring to the team rehabilitation process?

## SPEAKERS



**JANETTE CANALES** | Brazil



**GEORGIE DAVIDSON** | Australia



**DES O'SHAUGHNESSY** | Australia



**ILONA FRICKER** | South Africa

REGISTRATION: <https://t.ly/ajBJ>

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São Paulo 7:00 am | Paris 12:00 pm | Copenhagen 12:00 pm | Baghdad 13:00 pm | Tokyo 19:00 pm | Sydney 20:00pm